

# CHILDREN'S ACTIVITIES (AGES 5-8 YRS)

## ARTS - CREATIVE & PERFORMING

### CREATIVE ACTING (7-12 YRS)

This is an introduction to acting that covers such topics as voice, movements, storytelling and improvisation. These are great skills to learn that help build confidence through game play and fun exercises.

Instructor: Asha Mehrabi

<b>Oaklands Neighbourhood House</b>	<b>6/\$60</b>
55564 W Sep 19–Oct 24	5:45–6:45 pm
55565 W Nov 7–Dec 12	5:45–6:45 pm
55566 W Jan 16–Feb 20	5:45–6:45 pm

### CREATIVE BALLET AND JAZZ (5–7 YRS)

A dance class that will incorporate basic ballet technique with the high energy feel of jazz dance. Creativity and fun are the focus, while still building on the basics of technique and movement. Instructor: Pirouette Dance Studio

<b>Oaklands Community Centre</b>	<b>8/\$72</b>
55389 Sa Sep 22–Nov 24	10:30–11:15 am
55390 Sa Jan 19–Mar 16	10:30–11:15 am
*No class Oct 6, Nov 10 & Feb 16	

## HEALTH & WELLNESS

### RICHARDSON SPORT ME AND MY COACH (3–5 YRS)

Leaving competition on the sidelines, this program uses connections to your child's world to teach sports. The coaches will help you find strategies to teach your child basic sport skills in a fun way. NCCP Certified instructors will use games, songs and positive reinforcement, to ensure that your child experiences the joy of playing 10 sports in a comfortable sporty environment.

<b>Oaklands Community Centre</b>	<b>8/\$112</b>
55402 Sa Jan 19–Mar 16	10:30–11:30 am
*No class Feb 16	

### RICHARDSON SPORT ME & MY COACH INDOOR SOCCER (4–6 YRS)

Leaving competition on the sidelines, this program uses connections to your child's world to teach the game of soccer. NCCP Certified instructors will use games, songs and positive reinforcement, to ensure that your child experiences the joy of playing soccer and being comfortable in a sporty environment.

<b>Oaklands Elementary School</b>	<b>8/\$112</b>
55972 Th Jan 17–Mar 7	5:15–6 pm
<b>Oaklands Elementary School</b>	<b>6/\$84</b>
55973 Th Apr 4–May 9	5:15–6 pm

