

# PRESCHOOL ACTIVITIES (AGES 0-5 YRS)

## DROP-IN

### DROP-IN PLAYGROUP - TINY TYKES (0-5 YRS)

This is your opportunity to let your kids play with others, meet your neighbours and enjoy our informal family play space. Our playgroup's large toy collection, activity tables and circle time with instruments serve as a stepping stone to prepare your children for preschool and daycare. Coffee, tea and snack provided. There are no playgroups on Wednesdays, holidays, Pro-D days or school breaks. Maximum four children per one adult. Facilitator: Bev Coe

#### Oaklands Community Centre \$3 suggested donation

M,T,Th,F	Sept 5–Dec 22	9:30–11:30 am
M,T,Th,F	Jan 8–Jun 28	9:30–11:30 am

### BALLET (4–5 YRS)

Your tiny dancer will learn basic ballet steps while developing balance, coordination, and confidence. In this class, your child will explore the tremendous movement possibilities of their bodies-jumping, bending, stretching and skipping while developing the skills needed for more formal ballet study.

Instructor: Westcoast Academy of Performing Arts

<b>Oaklands Community Centre</b>	<b>8/\$72</b>
54551 Sa Sep 23–Nov 25	9:45-10:30 am
54552 Sa Jan 20–Mar 17	9:45–10:30 am

\*No Class Oct 7, Nov 11, and Feb 10



## ARTS - CREATIVE & PERFORMING

### DANCE TO THE MUSIC (2–3 YRS)

Welcome to the magical world of dance! If your toddler loves music they will love this class. Our instructors facilitate movement, imagery and fun for your child by combining creative dance and games set to inspiring music. This is a parent participation class. Instructor: Westcoast Academy of Performing Arts

<b>Oaklands Community Centre</b>	<b>8/\$72</b>
54590 Sa Sep 23–Nov 25	9–9:45 am
54591 Sa Jan 20–Mar 17	9–9:45 am

\*No Class Oct 7, Nov 11, and Feb 10

### HIP HOP (4–5 YRS)

Infuse your 'lil hip hopper's dance moves with some style. In this class, your child will learn hip hop to funky child-friendly beats. This is a great starter class for your child to explore the wonderful world of dance in a fun environment.

Instructor: Westcoast Academy of Performing Arts

<b>Oaklands Community Centre</b>	<b>8/\$72</b>
54629 Sa Sep 23–Nov 25	10:30–11:15 am
54862 Sa Jan 20–Mar 17	10:30–11:15 am

\*No Class Oct 7, Nov 11, and Feb 10

# PRESCHOOL ACTIVITIES (AGES 0-5 YRS)

## HEALTH AND WELLNESS

### SPORTBALL – PARENT AND CHILD INDOOR MULTI-SPORT (16–24 MONTHS)

This program is a perfect introduction to Sportball. Children and parents participate in sports, creative games, songs, rhymes, stories, bubble time and more! Although these programs focus on exploration, each week will introduce a different sport. Parents participate with their child and are encouraged to challenge them according to their skill level.

**Oaklands Community Centre**      **8/\$112**  
54755 Sa Sep 23–Nov 25      9–9:45 am  
54868 Sa Jan 20–Mar 17      9–9:45 am  
\*No Class Oct 7, Nov 11, and Feb 10

### SPORTBALL – PARENT AND CHILD INDOOR MULTI-SPORT (2–3 YRS)

Focusing on physical literacy and social exploration as toddlers learn fundamental sport skills and participate in creative motor games in 8 different popular sports. Children are challenged according to their individual skill level and grownups are taught techniques to help toddlers refine motor skills while developing social skills.

**Oaklands Community Centre**      **8/\$112**  
54757 Sa Sep 23–Nov 25      9:45–10:30 am  
54869 Sa Jan 20–Mar 17      9:45–10:30 am  
\*No Class Oct 7, Nov 11, and Feb 10



### SPORTBALL – MULTI-SPORT (4–6 YRS)

Refine, rehearse, repeat. Multi-Sport classes are the heart of the Sportball programming. Coaches focus on the basic skills common to all sports like balance, coordination, stamina, and timing, in a fun, supportive, non-competitive setting that emphasizes teamwork. Each class focuses on one of 8 different popular ball sports.

**Oaklands Community Centre**      **8/\$112**  
54740 Sa Sep 23–Nov 25      10:30–11:30 am  
54870 Sa Jan 20–Mar 17      10:30–11:30 am  
\*No Class Oct 7, Nov 11, and Feb 10

### YOGA FOR FAMILIES (3–7 YRS)

Enjoy this fun opportunity to play with your kids while learning poses and games that can be revisited in your day-to-day life. Learn how to engage your kids in yoga games, moving to music, breathing exercises, relaxation exercises, and partner yoga.

**Oaklands Community Centre**      **8/\$72 or Drop-in \$11**  
54537 Su Sep 24–Nov 26      10–10:45 am  
54867 Su Jan 21–Mar 18      10–10:45 am  
\*No Class Oct 7, Nov 11, and Feb 10



# FAMILY SPECIAL EVENTS

## COMMUNITY DINNER AND GAMES NIGHT

Come join us for a community-centred evening the last Sunday of the month except December, July and August. Meet your neighbours, share a meal, and have a laugh while playing cards and board games. All ages welcome.

Oaklands Community Centre	By Donation
Su Sept 24	5:30–7:30 pm
Su Oct 29	5:30–7:30 pm
Su Nov 26	5:30–7:30 pm
Su Jan 28	5:30–7:30 pm
Su Feb 25	5:30–7:30 pm
Su Mar 25	5:30–7:30 pm
Su Apr 29	5:30–7:30 pm
Su May 27	5:30–7:30 pm
Su Jun 24	5:30–7:30 pm

## BREAKFAST WITH SANTA

This fun-filled event includes a pancake breakfast with sides plus face painting, crafts, a sing-along and a visit from Santa with photos! Event is by registration only, so phone us early to get in on this holiday family tradition.

Oaklands Community Centre	\$6 per person
54668 Sa Dec 16	9–11 am

## EASTER EGGSTRAVAGANZA

Join us for this affordable, family fun event to celebrate Easter and spring time! Enjoy a bunny petting zoo, arts and crafts, a sing along and an outdoor hunt for eggs. Bring your friends and family!

Oaklands Community Centre	\$5/child*
54964 Sa Mar 31	9:45 am–12 pm

\*Maximum 2 adult chaperones per child



Oaklands Community Association presents:

# Community Dinner & Board Games Night

**Last Sunday of the Month**  
(except Dec, July & Aug)

Sep 24, Oct 29, Nov 26, Jan 28, Feb 25  
Mar 25, Apr 29, May 27, Jun 24

**5:30 - 7:30 pm**  
(by donation)

Oaklands, spend an evening with your neighbours.  
We'll take care of dinner. All ages welcome.  
Stay for some quality game and play time afterwards.

At Oaklands Community Centre  
1-2827 Belmont Ave, Victoria BC | (250)-370-9101  
More info at: [www.oaklandscommunitycentre.com](http://www.oaklandscommunitycentre.com)

