





November 2017: Red Room

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Broccoli & Spinach Music with Eden @330	2 Kale Yoga with Jenny Scholastic orders due	3 Fruit Salad Field trip	4
5	6 Canada's Food Guide	7 Grains 	8 Vegetable & Fruit Music with Eden @330	9 Milk Products	10 Meat & Alternatives	11
12	13 CLOSED in lieu of Remembrance Day	14 Rhubarb	15 Pears Walk Music with Eden @330	16 My favorite fruit/ veggie Yoga with Jenny	17 Chia pudding Fire drill 	18
19	20 Food Safe Hot Lunch & PJ Day	21 Hand Washing Walk	22 Food Storage Music with Eden @330	23 Portions	24 Exercise	25
26	27 Proteins	28 Happy Tooth. Sad Tooth	29 Squash Walk Music with Eden @330	30 Water Yoga with Jenny		

Theme of the month: Health